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## Tele-Range 2.0

### Instructions For Use

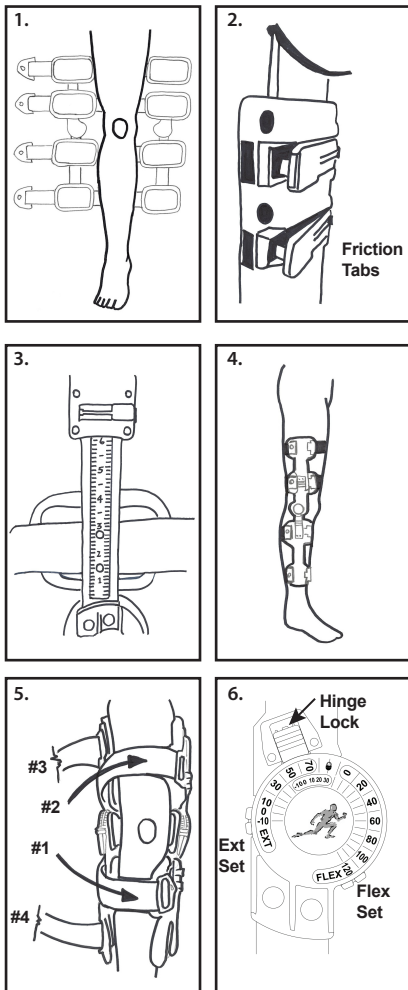
Please read these instructions completely  
and carefully before applying this product .  
Correct application is important for  
proper function of the brace.



# Tele-Range 2.0

## Instructions for Use

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of the brace.



**Indications:** Post-operative recovery daily use.

1. Open the brace by releasing the straps and unclipping buckles. Pull the uprights away from each other, lay on flat surface with foam pads facing up and place under the leg. Position so that the bending portion of the hinge is at the center of your patella (knee cap). The longer sliding paddle assemblies should be positioned towards the ankle (Image 1)
2. Adjust the length of the upper and lower struts by depressing to release the friction tabs that are on each of the sliding struts. Extend the paddles to the same proper length to provide maximum immobilization. Thigh height (up to 5") should not interfere with walking and the length on the lower section (up to 6") should extend to but NOT over the prominent ankle bone. Secure the friction tabs after adjusting both sides above and below the knee joint by pushing on the square end of the friction tab towards the frame. You will hear and feel an audible click (Image 2 & 3).
3. Contour the upright to the patient's anatomy to custom fit. Pull straps to remove the strap slack in the back of the brace.
4. Ensuring the hinges and uprights are aligned with the midline of the leg (SIDE VIEW), fasten the strap that is located just below and above the knee joint by securing the buckle (Image 4 & 5).
5. Fasten the two remaining upper and bottom straps.
6. Pull the straps to the desired tension through the buckles. If straps are too long, the Y-Tab adapter affixed to the end of each strap can be removed and the strap cut to length. The Y-Tab adapter is then re-affixed. Once the straps are secured, locate the four red pull tabs. Pull the tabs to engage the Velcro with the strap.
7. The Range-of-Motion (ROM) can be adjusted from minus 10° of extension to 120° of flexion. The ROM dials are unlocked by pulling the rectangular hinge lock tab out on both sides of the brace. This tab is located just above the circular dial and is part of the black metal frame (Image 6).
8. Confirm that adjustments made to flexion and extension of both hinges are set at same prescribed positions. Adjustments are made by pulling the set tab away from the center of the circular dial and sliding it to the desired degree setting as prescribed by your healthcare professional.

### Use and Care:

The liner and straps may be hand washed with a mild detergent. Air dry only. Foam and straps may be trimmed and adjusted, but only at the discretion of your Healthcare provider.

### Warning:

If you experience pain, swelling or sensation changes as a result of wearing this brace, consult your healthcare provider immediately. All adjustments of the brace should be done under the direction of a healthcare professional.

### Warranty:

Top Shelf Orthopedics will replace all or part of the brace for defects in material or workmanship for the period of six months from the date of purchase.

### Caution:

Federal Law (USA) restricts this device for sale by or on the order of a licensed healthcare professional.

**For Flexion (FLEX):** Pull the flexion set button away from the center of the circular dial and slide it to a desired angle between 0° to 120°.

**For Extension (EXT):** Pull the extension set button away from the center of the circular dial and slide it to a desired angle between -10° to 70°

**To lock the brace in a fixed position:** Engage the rectangular hinge lock tab on both sides of the brace at a position - 10 to 30 degrees (Marked in RED on the dial).